



## The Synergistic Effect of Fluoxetine, Buspirone, and Sumatriptan with Sodium Valproate and Phenobarbitone in Experimental Models of Convulsion

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## ABSTRACT

Epilepsy is one of the most common brain disorders, affecting at least 50 million persons worldwide. Antiepileptic's have several dose-dependent side effects, necessitating a dose reduction or addition of an adjunct therapy. This study investigates the anticonvulsant activity of low dose phenobarbitone and sodium valproate when combined with buspirone, sumatriptan and fluoxetine. Mice were randomly divided into five groups; group I were treated with 0.2 ml of distilled water, group II were administered 20 mg/kg fluoxetine and 150 mg/kg sodium valproate, group III were administered 20 mg/kg sumatriptan and 150 mg/kg sodium valproate, group IV were administered 5 mg/kg buspirone and 150 mg/kg sodium valproate while group V were administered 150mg/kg of sodium valproate. One hour later, 70 mg/kg pentylenetetrazole (PTZ) was intraperitoneally administered to all mice. The onset of central nervous system (CNS) activity and percentage protection were recorded. The above was repeated using phenobarbitone (15 mg/kg). For strychnine (STN)-induced convulsion, the procedure was repeated with 1 mg/kg strychnine used in place of PTZ. For maximal electroshock shock -induced convulsion, mice were subjected to electroshock current of 50 mA for 0.2 seconds after one hour of administering the drugs as done in the other methods. Sumatriptan and sodium valproate combination significantly delayed the onset of CNS activity when compared with the negative control ( $p < 0.05$ ) in PTZ-induced convulsion. Fluoxetine and buspirone in combination with sodium valproate significantly delayed the onset of CNS activity ( $p < 0.0001$ ) against STN-induced convulsion. The different drugs in combination with phenobarbitone protected the mice against MES and PTZ-induced convulsion.

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### Introduction

Epilepsy is a non-communicable neurological disease that affects individuals irrespective of their ages, races, social classes, and geographical locations.<sup>1</sup> Epilepsy is classified into three kinds based on etiology; it includes acquired, idiopathic, and epilepsy of genetic or developmental origin. The incidence of epilepsy is higher in at the two extremes of life (the very young and old).<sup>2</sup> Children have the highest incidence of epilepsy by the end of their first year of life, which then declines up until they become adults.<sup>3</sup> The prevalence of epilepsy is highest among kids in low to middle-income countries LMIC; this may be due to the under diagnosis of the ailment. Because epilepsy involves more than just spontaneous recurring seizures, it should be viewed as a spectrum condition. Epilepsy occurs as a comorbid condition, occurring with behavioral and psychological problems including depression, anxiety, learning difficulties, attention-deficit hyperactivity disorder, cognitive impairment, as well as autism.<sup>4</sup> The most prevalent psychiatric co-morbidity being depression, is interestingly linked to limbic and hippocampal impairment, two brain regions that cause seizures.<sup>5</sup>

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Epileptic patients who are depressed are more commonly refractory, and individuals suffering from epilepsy are more likely to have depression; shows a research on the relationship between these two conditions.<sup>5</sup>

Adverse effects are commonly noticed at doses (and serum concentrations) within the prescribed range because Antiepileptic drugs (AEDs) have a narrow therapeutic window. The ideal management strategy for epilepsy, frequently entails striking a balance between the need to provide comprehensive symptom control and the requirement to reduce toxicity.<sup>6</sup> Slow dosage titration is advised while using some AEDs since some adverse effects can be reduced or completely avoided by introducing the drug gradually.<sup>7</sup> This applies to both idiosyncratic reactions like skin rashes, as in the cases of Carbamazepine, Phenytoin, and Lamotrigine, as well as CNS side effects, as in the cases of topiramate, tiagabine, and many other drugs.<sup>7,8</sup>

Bonnycastle *et al.*,<sup>9</sup> first proposed in 1957 that there could be a connection between serotonin (5-HT) and the prevention of epilepsy. In their research, they showed that several anticonvulsants, including phenytoin, increased the levels of serotonin in the brain. Serotonergic neurotransmission influences several experimentally induced seizures and is thought to contribute to the increased susceptibility to seizures as observed in rodents with genetic epilepsy.<sup>10-16</sup> Both focal (limbic) and generalized seizures are often prevented by substances that increase extracellular levels of serotonin, such as 5-hydroxytryptophan and 5-HT reuptake blockers.<sup>17-19</sup> Moreover, a decrease in brain 5-HT decreases the threshold for convulsions that are induced by sound, chemicals, or electricity.<sup>20-21</sup>

Using micro dialysis in genetically epileptic prone rats (GEPR),<sup>22</sup> the impact of anti-epileptic medications on serotonin was assessed.<sup>22</sup> Antiepileptics enhanced extracellular levels of 5-HT concentrations in GEPRs as well as a dose-related anticonvulsant effect.<sup>22</sup> Using micro

dialysis, the impact of anticonvulsant therapy with phenytoin, lamotrigine, and carbamazepine (CBZ) on baseline and stimulated extracellular levels of dopamine (DA) and 5-hydroxytryptamine (5-HT) in the hippocampus of freely moving rats was investigated.<sup>23</sup> Their research showed that the concentration of extracellular transmitters affected the impact of antiepileptic medications on 5-HT release concentrations of transmitters.

Considering these known findings, this study therefore sought to evaluate the synergistic potential of fluoxetine, buspirone and sumatriptan in combination with low dose of sodium valproate and phenobarbitone in mice models of convulsion.

## Methods

### Animals

Mice of both sexes weighing about 21.3 g – 34.0 g were used in this study. They were obtained from the animal house located in the Department of Pharmacology, Faculty of Pharmacy, University of Benin, Benin city. The animals were allowed free access to water and ordinary animal pellets. Ethical approval (EC/FP/22/08) for the use of animals was obtained from the institution's committee.

### Drugs and chemicals

All drug used were of analytical grade and obtained from reputable suppliers. They were solubilized in distilled water and freshly prepared before every experiment.

### Pentylenetetrazol (PTZ)-induced convulsion

Twenty (20) mice were used; they were split into five groups of 4 mice each. Mice in group I were treated with 0.2 ml of distilled water as negative control, group II mice were administered 20 mg/kg and 150 mg/kg of fluoxetine and sodium valproate respectively, group III mice were administered 20 mg/kg and 150 mg/kg of sumatriptan and sodium valproate respectively. Also group IV mice were administered 5 mg/kg and 150 mg/kg of buspirone and sodium valproate respectively while group V were administered 150 mg/kg of sodium valproate as positive standard. All drugs were administered orally. An hour later, 70 mg/kg PTZ was administered intraperitoneally (i.p) to all the mice in the groups.<sup>24</sup> The time of PTZ administration, onset of CNS activity, and mortality protection were then recorded. The procedure was repeated using phenobarbitone (15 mg/kg) as positive standard.

### Maximum electroshock seizure (MES)-induced convulsion

Twenty (20) mice were used; they were split into five groups of 4 mice each. Mice in group I were treated with 0.2 ml of distilled water as negative control, group II mice were administered 20 mg/kg and 150 mg/kg of fluoxetine and sodium valproate respectively, group III mice were administered 20 mg/kg and 150 mg/kg of sumatriptan and sodium valproate respectively, also group IV mice were administered 5 mg/kg and 150 mg/kg of buspirone and sodium valproate respectively while group V mice were administered 150 mg/kg of sodium valproate as positive standard. All drugs were administered orally. One hour later, all animals were exposed to electroshock current of 50 mA for 0.2 seconds through a pair of ear clip electrodes.<sup>25</sup> The onset of CNS action, and mortality protection were then recorded. The procedure was repeated using phenobarbitone (15 mg/kg) as positive standard.

### Strychnine (STN)-induced convulsion

Twenty (20) mice were used; they were split into five groups of 4 mice each. Mice in group I were treated with 0.2 ml of distilled water as negative control, group II mice were administered 20 mg/kg and 150 mg/kg of fluoxetine and sodium valproate respectively, group III mice were administered 20 mg/kg and 150 mg/kg of sumatriptan and sodium valproate respectively, also group IV mice were administered 5 mg/kg and 150 mg/kg of buspirone and sodium valproate respectively while group V were administered 150 mg/kg of sodium valproate as positive standard. All drugs were co administered orally. An hour later, 1 mg/kg STN was administered intraperitoneally to all the mice in all group.<sup>26</sup> The time of STN administration, onset of CNS

activity, and mortality protection were then recorded. The procedure was repeated using phenobarbitone (15 mg/kg) as positive standard.

### Statistical analysis

Data were expressed as the mean  $\pm$  standard error of the mean (S.E.M). Comparison between the treatment groups and negative control was carried out using one-way analysis of variance (ANOVA) followed by Tukey post hoc test. Analysis and data presentation were done using GraphPad Prism version 8.0.2. Results were considered significant when  $P < 0.05$ .

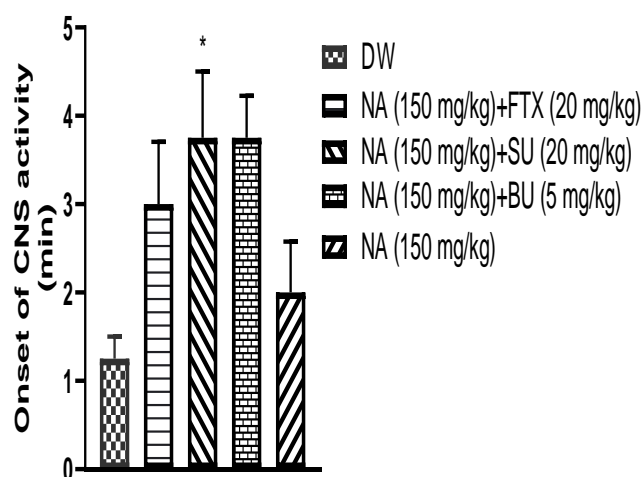
## Results and Discussion

### Effect of fluoxetine, Sumatriptan, and Buspirone in combination with sodium valproate on PTZ-induced convulsion in mice.

Figure 1 shows that Sumatriptan (SU) and Sodium valproate (NA) combination (NA+SU) significantly delayed the onset of convulsion when compared with the negative control group ( $P < 0.05$ ). There was a noticeable delay in the onset of CNS activity with the NA+FTX and NA+BU combinations; however, this delay was not significant when compared with control (Figure 1). Whereas the different drug combinations and positive standard all showed protection in varying degrees against PTZ-induced convulsion as seen in Table 1.

This shows that sumatriptan potentiates the effect of sodium valproate when co-administered. Sumatriptan is a 5-HT<sub>1B/D</sub> receptor agonist which was merely thought to act peripherally but has been discovered to also act at the central locations including the substantial extracellular levels of the brain.<sup>27,28</sup> Sodium valproate is a standard anticonvulsant proposed to act through several mechanisms including eliciting activity at the voltage-sensitive Na<sup>+</sup> channels,<sup>29</sup> diminishing T-type Ca<sup>2+</sup> currents in primary afferent neurons<sup>30</sup> and, at relatively high drug concentrations, increasing brain GABA levels and also potentiating the effect of GABA.<sup>31</sup>

Sodium valproate is effective against generalized tonic-clonic and partial seizures in people and against absence seizures<sup>32</sup> which are similar to the ones elicited by PTZ. PTZ is a known noncompetitive antagonist of GABA<sub>A</sub> receptor that acts through the t-butyl-bicyclophosphorothionate site of thereby decreasing its activity.<sup>33</sup> PTZ also has the ability to charge the potassium and calcium channel conductance.<sup>34</sup>



**Figure 1:** Effect of Fluoxetine, Sumatriptan and Buspirone in combination with Sodium valproate on PTZ-induced convulsion in mice. Data presented as Mean  $\pm$  SEM, \* $P < 0.05$  versus DW group. DW - Distilled Water; NA - Sodium Valproate; FTX - Fluoxetine; SU - Sumatriptan; BU - Buspirone. n=4 mice.

Table 1: Percentage protection in mice treated with Fluoxetine, Sumatriptan, Buspirone in combination with Sodium Valproate in Pentylene-tetrazole-induced convulsion.

Drugs	% Protection
DW	0
NA (150 mg/kg) + FTX (20 mg/kg)	75
NA (150 mg/kg) + SU (20 mg/kg)	25
NA (150 mg/kg) + BU (5 mg/kg)	75
NA (150 mg/kg)	50

Therefore, PTZ-induced convulsion is due to antagonism of GABAergic neurotransmission. Since Sodium valproate is effective against tonic-clonic seizure and absence seizures, it ought to totally protect the mice against PTZ-induced convulsion but only 50 % of the mice were protected. This might be due to the low dose of sodium valproate used in the study. Increase in dose of sodium valproate might likely give 100 % protection against PTZ-induced convulsion. Sodium valproate a classic anticonvulsant is known to increase baseline levels of 5-HT and possibly promotes its release.<sup>23, 35, 36</sup> On the other hand, buspirone is a 5-HT<sub>1A</sub> receptor agonist and fluoxetine a selective serotonin reuptake inhibitor,<sup>37, 38</sup> suggestive that serotonin plays a significant role in epilepsy. Also, revealing that increased serotonin level in the CNS can delay or prevent the onset of epilepsy.

#### Effect of Fluoxetine, Sumatriptan, and Buspirone in combination with sodium valproate on STN-induced convulsion in mice

Figure 2 shows that, sodium valproate (NA), sodium valproate (NA) + buspirone (BU), and sodium valproate (NA) + sumatriptan (SU) all significantly delayed the onset of CNS activity when compared with the negative control ( $p < 0.001$ ,  $p < 0.0001$ ) respectively (Figure 2). Sodium valproate (NA) + sumatriptan (SU) combination also showed protection to the mice against STN-induced convulsion as shown in Table 2.

Strychnine is a poisonous alkaloid that works predominantly in the spinal cord as a competitive inhibitor of the postsynaptic glycine receptor. Inhibition of glycine, a principal inhibitory neurotransmitter, induces excessive activation of postsynaptic neurons, resulting in uncontrollable generalized muscular spasms.

From the result, sodium valproate significantly delayed the onset of CNS activity when compared with the negative control and also protects the mice against STN-induced convulsion, showing its effectiveness against strychnine-induced convulsion.

#### Effect of Fluoxetine, Sumatriptan, and Buspirone in combination with sodium valproate on MES-induced convulsion in mice

Table 3 shows that the different combinations protected the mice against MES-induced convulsion while the standard and the control did not protect the mice. For simulating generalized tonic-clonic seizures, maximum electroshock induction is often employed.

Table 2: Percentage protection in mice treated with Fluoxetine, Buspirone, Sumatriptan in combination with Sodium valproate in Strychnine-induced convulsion.

Drugs	% Protection
DW	0
NA (150mg/kg) + FTX (20mg/kg)	0
NA (150mg/kg) + SU (20mg/kg)	75
NA (150mg/kg) + BU (5mg/kg)	0
NA (150mg/kg)	100

DW - Distilled Water; NA - Sodium Valproate; FTX - Fluoxetine; SU - Sumatriptan; BU - Buspirone. % (percentage), n = 4 mice.

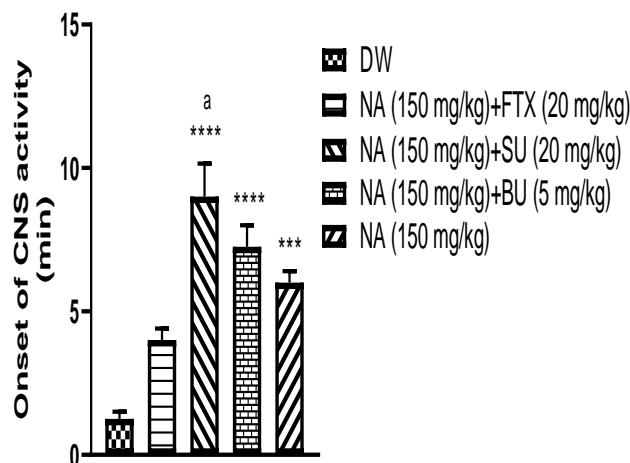


Figure 2: Effect of Fluoxetine, Sumatriptan, and Buspirone in combination with Sodium valproate on Strychnine-induced convulsion in mice. Data presented as Mean  $\pm$  SEM. \*\*\* $P < 0.001$ , \*\*\*\* $P < 0.0001$  versus DW group. DW - Distilled Water; NA - Sodium Valproate; FTX - Fluoxetine; SU - Sumatriptan; BU - Buspirone. n = 4 mice.

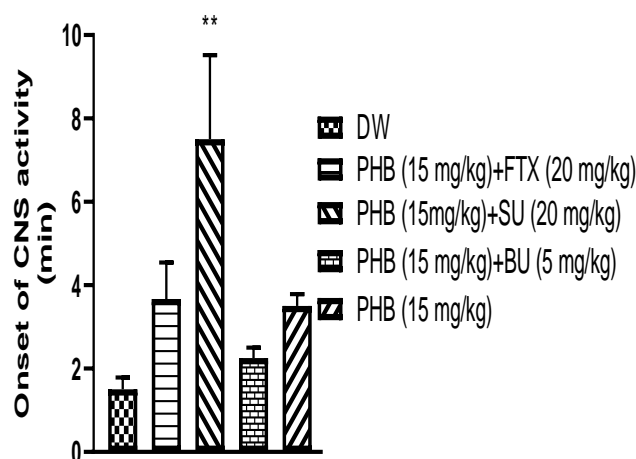


Figure 3: Effect of fluoxetine, sumatriptan, and buspirone in combination with phenobarbitone on Pentylene-tetrazole-induced convulsion in mice. \*\* $p < 0.01$  versus DW group. DW - Distilled Water; PHB - Phenobarbitone; FTX - Fluoxetine; SU - Sumatriptan; BU - Buspirone. n = 4 mice.

Table 3: Percentage protection in mice treated with Fluoxetine, Buspirone, Sumatriptan in combination with sodium valproate in Maximal electroshock -induced convulsion.

Drugs	% Protection
DW	0
NA (150 mg/kg) + FTX (20 mg/kg)	50
NA (150 mg/kg) + SU (20 mg/kg)	50
NA (150 mg/kg) + BU (5 mg/kg)	25
NA (150 mg/kg)	0

It is mostly linked to seizures of that can be produced by auricular stimulation at threshold current intensity.<sup>40</sup> Drugs effective against tonic-clonic generalised seizures prevent seizures induced by the MES test.<sup>41</sup> Sodium (Na<sup>+</sup>) channels are modulated to cause convulsions during maximum electroshock (MES). Hence, Na<sup>+</sup> channel inhibitors such as phenytoin, carbamazepine, and phenobarbitone prevent MES-induced convulsions.

From the result, fluoxetine and sumatriptan combinations offered 50% protection to the mice while buspirone combination provided 25 % protection. This shows that increased serotonin levels in the brain decreases the onset of convulsion. The inhibitory neurotransmitter serotonin is released by brainstem neurons and neurons that innervate the digestive system (enteric nervous system).<sup>42</sup> Serotonin precursors as seen in this study inhibited the excitatory effect caused by the MES.

#### Effect of Fluoxetine, Sumatriptan, and Buspirone in combination with Phenobarbitone on PTZ-induced convulsion in mice.

Figure 3 showed that, combined therapy of phenobarbitone (PHB) and sumatriptan (SU) significantly delayed the onset of seizures versus the negative control ( $P < 0.01$ ). Other combinations showed noticeable delay in the onset of convulsion when compared with the control (Figure 3). The different combination therapies and the positive standard all protected the mice against PTZ-induced convulsion as shown in Table 4.

Phenobarbitone is a barbiturate that increases GABA levels postsynaptically via its interaction with the alpha and beta subunits of the GABA<sub>A</sub> receptor.<sup>43</sup> Barbiturates cause postsynaptic hyperpolarization and CNS depression via increases in chloride ion flow. GABA<sub>A</sub> receptors are affected by phenobarbital and pentobarbital in a dose-dependent manner.<sup>44</sup> At higher micro molar concentrations associated with anesthetic doses, these medications activate chloride channels.<sup>44</sup> Barbiturates and benzodiazepines both bind to GABA<sub>A</sub> receptors. Even at relatively low concentrations barbiturates activate GABA-A receptors while boosting chloride ion inflow.<sup>45</sup> Barbiturates such as phenobarbitone are efficacious in the kindling rat model of partial seizures and PTZ-induced clonic seizures.<sup>32</sup>

From the result, only sumatriptan and phenobarbitone combination considerably delayed the onset of convulsion when compared with the negative control. This shows that sumatriptan increases the effect of phenobarbitone. Table 4 shows all the combinations protecting (100 % protection) the mice against PTZ-induced convulsion.

#### Effect of Fluoxetine, Sumatriptan, and Buspirone in combination with Phenobarbitone on Strychnine-induced convulsion in mice.

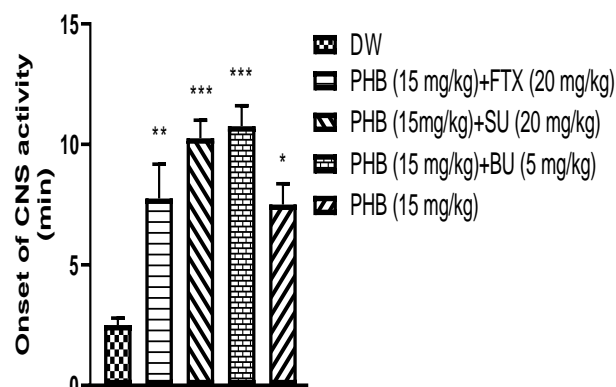
The different combination therapies and the positive standard PHB, all did not protect mice against STN-induced convulsion (Table 5). They all significantly delayed the onset of CNS activity ( $p < 0.05$ ,  $p < 0.01$ ,  $p < 0.001$ ) as seen in Figure 4. This delay can be attributed to the anticonvulsant properties of phenobarbitone. None of the mice were protected against STN-induced convulsion revealing that phenobarbital and the drugs co-administered do not antagonize STN effect (inhibiting glycine).

#### Effect of Fluoxetine, Sumatriptan, and Buspirone in combination with Phenobarbitone on MES-induced convulsion in mice.

Table 6 shows that the different drug combinations and the standard all protected the mice against MES-induced convulsion. This suggests that low dose phenobarbitone in combination with either serotonin agonist or reuptake inhibitors can prevent convulsion. Comparing this to sodium valproate, serotonin played a vital role in potentiating the effect of phenobarbitone; thus protecting the mice from convulsion as the rate of protection was higher compared to the sodium valproate treated group.

### Conclusion

Fluoxetine, buspirone and sumatriptan all enhanced the activity of sodium valproate against PTZ-induced convulsion. Sumatriptan greatly enhanced the anticonvulsant activity of sodium valproate and phenobarbitone against STN-induced and PTZ-induced convulsion.



**Figure 4:** Effect of FTX, SU, and BU in combination with PHB on STN-induced convulsion in mice. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $p < 0.001$  versus DW. DW- Distilled Water; PHB- Phenobarbitone; FTX- Fluoxetine; SU- Sumatriptan; BU- Buspirone,

**Table 4:** Percentage protection in mice treated with Fluoxetine, Buspirone, Sumatriptan in combination with Phenobarbitone in Pentylentetrazole-induced convulsion.

Drugs	% Protection
DW	0
PHB (15 mg/kg) + FTX (20 mg/kg)	100
PHB (15 mg/kg) + SU (20 mg/kg)	100
PHB (15 mg/kg) + BU (5 mg/kg)	100
PHB (15 mg/kg)	100

DW- Distilled Water; PHB- Phenobarbitone; FTX- Fluoxetine; SU- Sumatriptan; BU- Buspirone, % (percentage). n=4 per group

**Table 5:** Percentage protection in mice treated with fluoxetine, buspirone, sumatriptan in combination with phenobarbitone in strychnine-induced convulsion.

Drugs	% Protection
DW	0
PHB (15 mg/kg) + FTX (20 mg/kg)	0
PHB (15 mg/kg) + SU (20 mg/kg)	0
PHB (15 mg/kg) + BU (5 mg/kg)	0
PHB (15 mg/kg)	0

DW - Distilled Water; PHB - Phenobarbitone; FTX - Fluoxetine; SU - Sumatriptan; BU - Buspirone, % (percentage) n = 4 per group.

**Table 6:** Percentage protection in mice treated with Fluoxetine, Buspirone, Sumatriptan in combination with Phenobarbitone in Maximal electroshock induced convulsion.

Drugs	% Protection
DW	0
PHB (15 mg/kg) + FTX (20 mg/kg)	100
PHB (15 mg/kg) + SU (20 mg/kg)	100
PHB (15 mg/kg) + BU (5 mg/kg)	100
PHB (15 mg/kg)	75

DW - Distilled Water; PHB - Phenobarbitone; FTX - Fluoxetine; SU - Sumatriptan; BU - Buspirone, % (percentage). n = 4 per group

**Conflict of Interest**

The authors declare no conflict of interest.

**Authors' Declaration**

The authors hereby declare that the work presented in this article is original and that any liability for claims relating to the content of this article will be borne by them.

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